



DIVE INTO INFINITY



**"IT IS THE SHEER THRILL OF THE UNKNOWN;
TO FEEL THE WATER ON OUR SKIN,
THE COLD ON OUR HEAD,
ADAPT OUR BREATHING
AND TO FEEL WE EXIST!"**

-Vanessa Daws

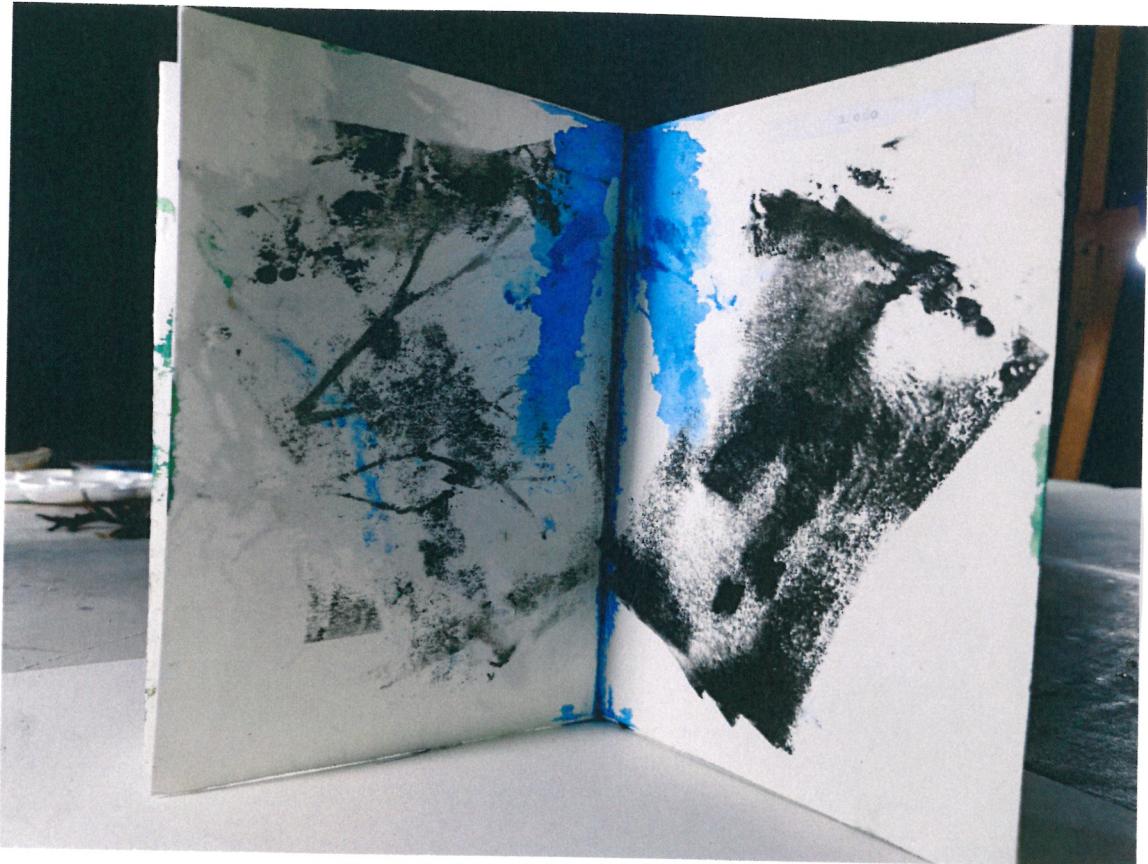
This issue of the Response Magazine collects the responses of Fabrica volunteers to Fabrica's Autumn exhibition 2022 'At Home in the Water.' Responding to the artworks by Vanessa Daws and the heritage of sea swimming in Brighton and beyond explored in the exhibition, volunteers were invited to reflect on the question:

what does the 'sea' mean to you?

This might have involved drawing on personal memories and experiences of the sea; exploring the feelings and emotions it evokes; or considering the relationship between humans more widely and an ecosystem which is at once fragile and incredibly powerful. The varied creative responses gathered here are testament to the diverse range of meanings the sea can evoke for those who live alongside it and the significance of its presence in our lives. Now, we invite you to **dive**, **into infinity** and explore the creativity of Fabrica volunteers...

live and learn







bit of a storm



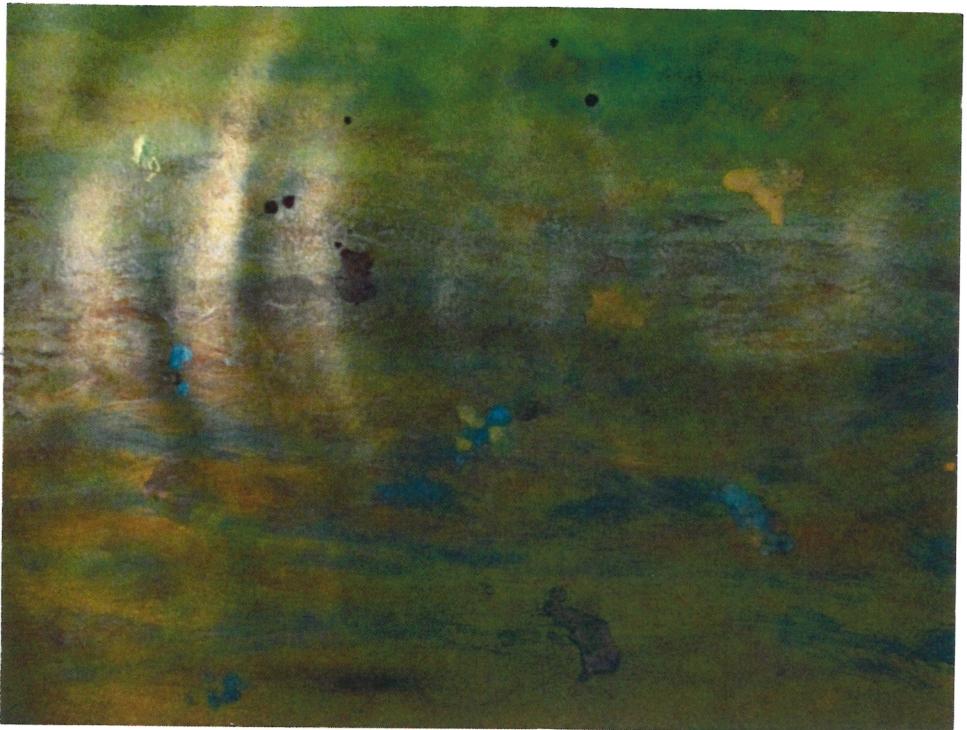
Lesley Holmes

at the beach



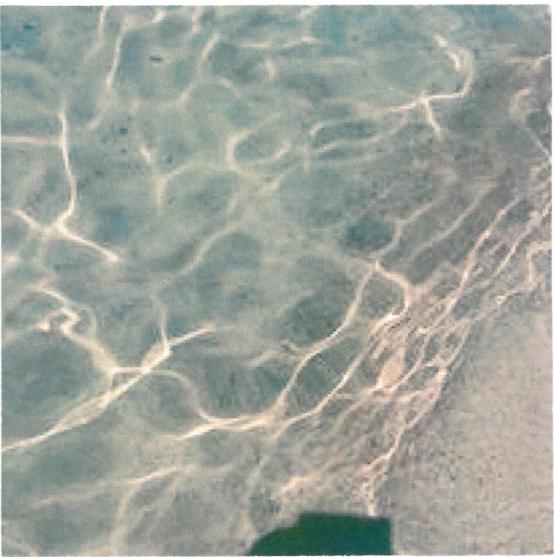
marina | burgess

the deep



yvonne / roberts

feel the water





anna, printer

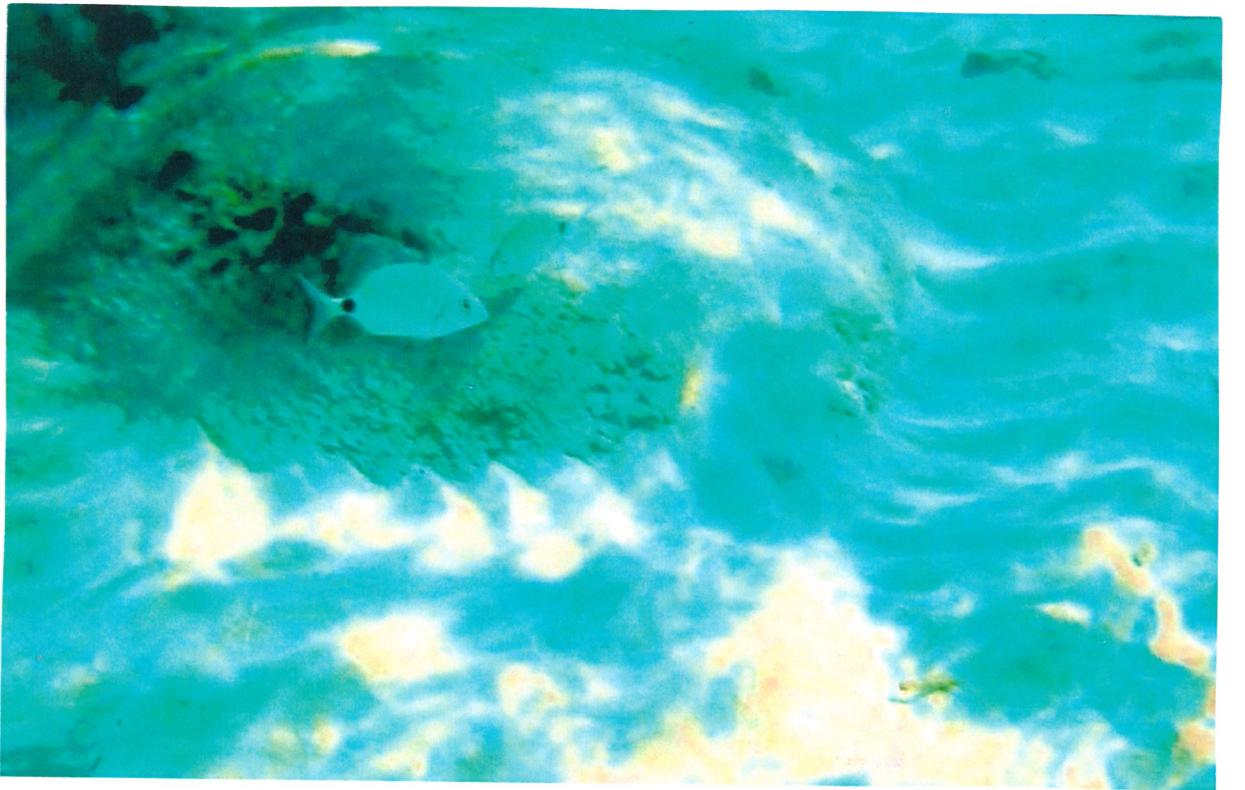


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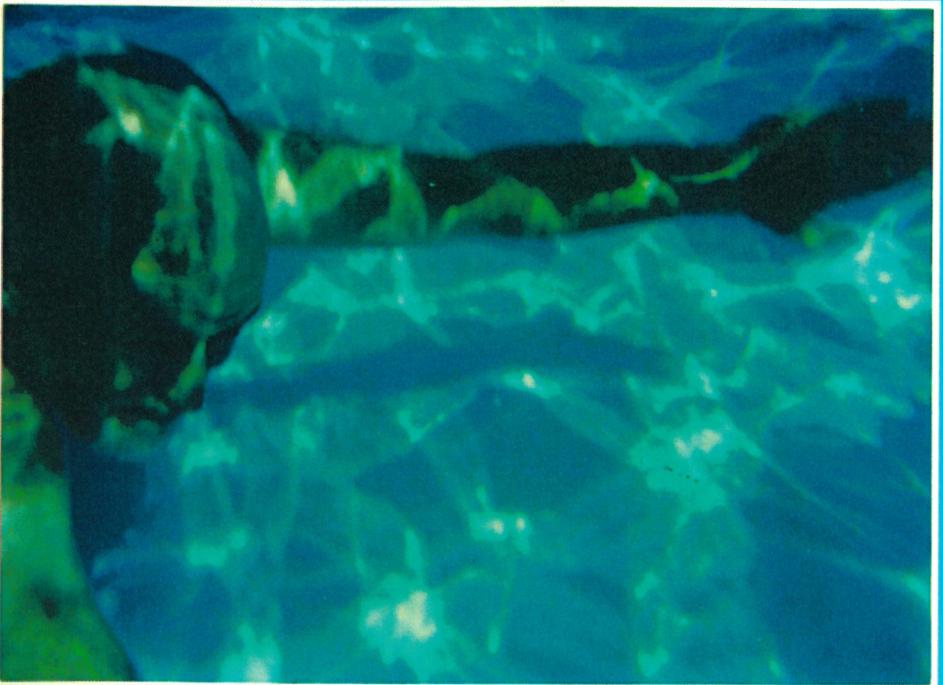
underwater ibiza



An exhilarating swim! Hove beach, November 2020



© L. T.



Timeless

Nudge and tug,
Push and pull,

As I walk in.

Splash and lap,
Bubble and glide,

I dive.

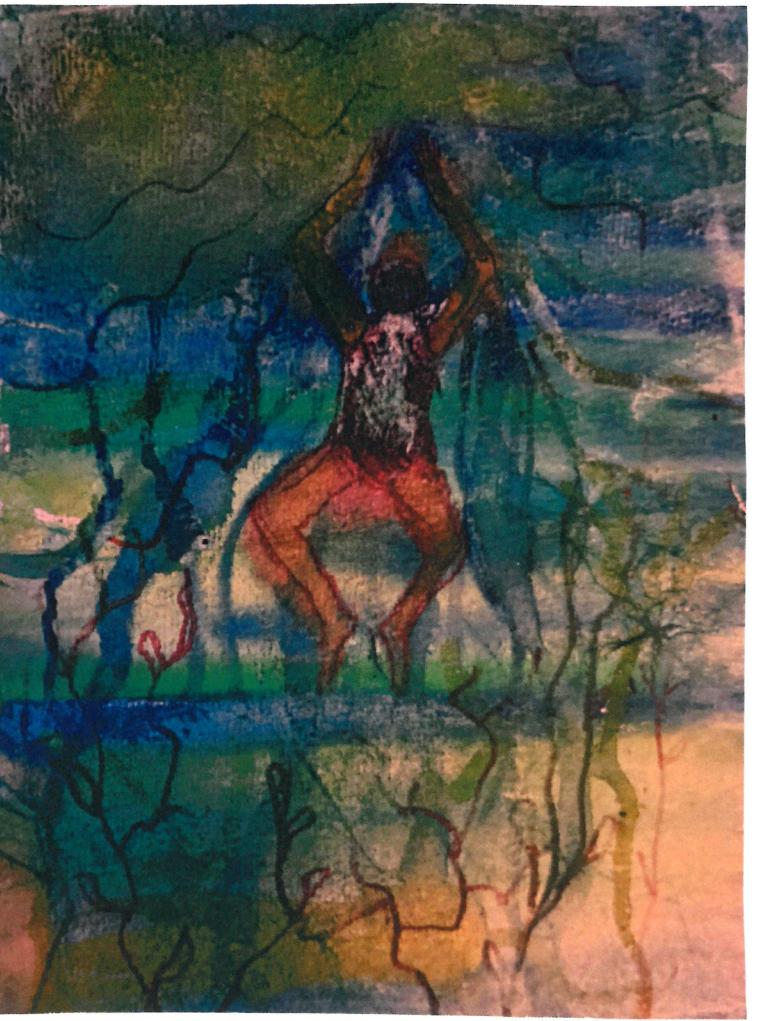
Buoyant and quiet,
Drift and breathe.

Floating.

pete rogers



zoe alexander



submergence



These three images were created by submerging watercolour depictions of swimmers into the waves to see how this physical interaction with the

FEELING GROUNDED

AND

CONNECTED

TO

NATURE

lucy flint



Waves serve as a reminder of the ebb and flow of life, the rise and fall of emotions and the healing power of simply breathing in and out.

The sea guides us back to ourselves.

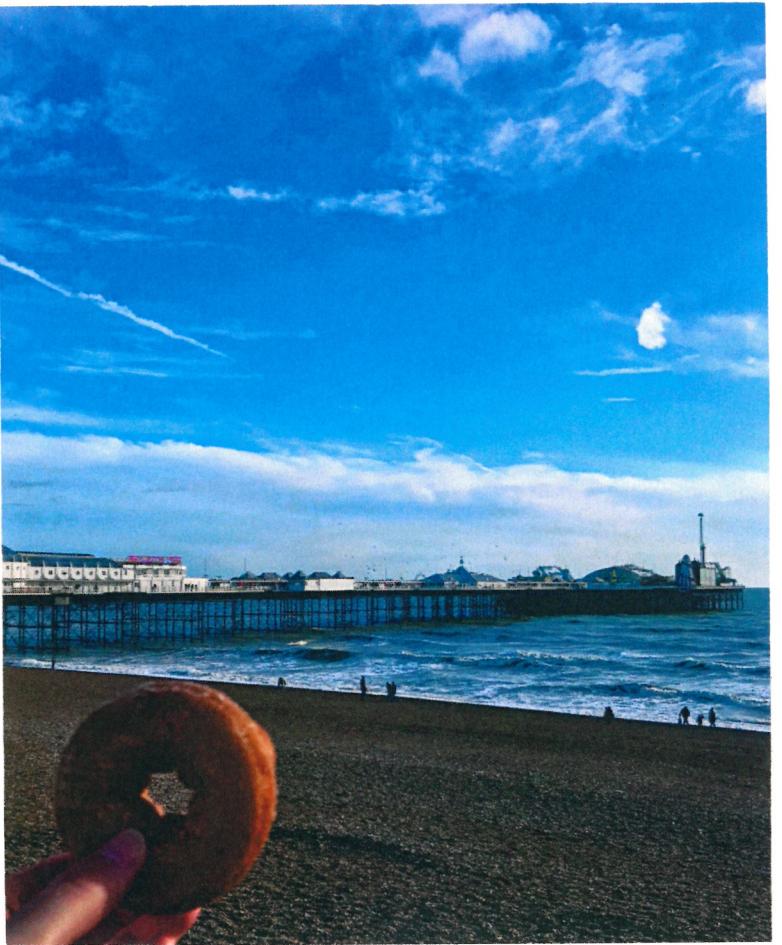
Inviting us to shift our focus away from the mind and into the body.

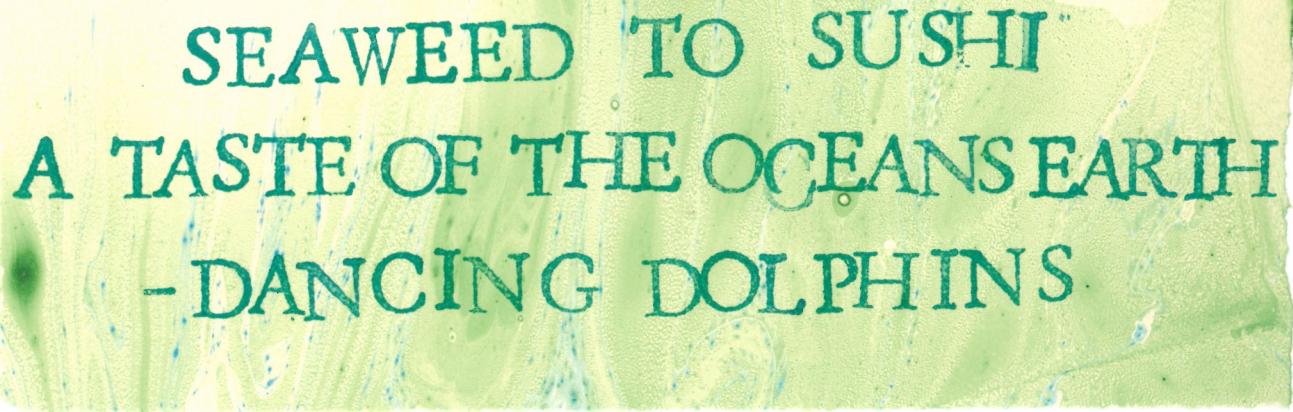
Momentarily releasing us from worldly concerns.

To float in the sea on a warm summer's evening is to feel free.

LIFE







SEAWEED TO SUSHI
A TASTE OF THE OCEANS EARTH
- DANCING DOLPHINS

katherinewinick

A playlist inspired by water

1. Sea Creatures - SOAK
2. Weird Fishes - Radiohead
3. The Sea - Morcheeba
4. La femme d'argent - Air
5. Sink into the Floor - Feng Suave
6. Over and Over - Beach House
7. Love Again - Meltt
8. Nangs - Tame Impala
9. Swimmer - Tennis
10. Float - Olivia Dean
11. Sis - Clairo



Scan the barcode on
the Spotify app, or
search for the
At Home In The Water
playlist on Spotify or
YouTube.



The Response Team

Zoe Alexander, Lily Crosbie, Lucy Flint, Victoria Leaper, Bea Morris,
Pete Rogers.

Please consider donating to Fabrica to support our exhibitions and learning programme.

Text FABRICA to 70085 to donate £5 today, or visit www.fabrica.org.uk